

## THE WONDER FLOWERS



Summer Edition
MARCH 2025

#### From Davids Desk

As summer ends, it is a great time to reflect on what we have done and start thinking about the months ahead. With the days getting shorter and temperatures cooling down, it is important to plan and avoid hibernating (staying home watching TV). Staying active in the community and continuing to engage in activities is key to keeping our spirits up. Easter is just around the corner, so why not invite friends or family over for an Easter lunch.

The summer season was busy for the Aspire community, with some changes along the way. I hope these transitions have been smooth for everyone. While there were a few challenges, it was positive to see everyone come together to address them. I appreciated receiving photos of your activities over the New Year period, including trips away and moments like enjoying fish and chips at Raglan Wharf. It is a reminder that doing something a little different does not have to break the bank.

I look forward to seeing more of you at the Sunday Farmers Market or catching up at a local café over a warm hot chocolate! Let us keep making the most of each season and stay connected.

Remember to check out the activity calendar, it has events planned, and there is something for everyone

#### Family/Whanau Support - Janet Ross

Kia Ora,

Hope you are all well and have been enjoying the long, hot summer !!!

We will be organising a forum evening soon. I'm hoping to be able to have our General Manager come and share with you in more detail what her role is.

Another idea I have after talking to some family members after our last evening is about relationships. Getting advice on how to support people who are in a relationship or are showing interest in developing a relationship. If this is something you might be interested in hearing about please drop me an email or contact Shaye our Outcomes Manager.

#### Off the Cuff - Gerard Knapp

We had our first Advocacy Meeting on the 16th of January, there were a few complaints regarding the size of the space and people feeling overcrowded and hot. This is being looked at currently by our Outcomes Manager so hopefully we have a different venue for our next meeting.

To our House leads, the next Advocacy Meeting will be on May the 22nd, I hope all of the houses reply and we have a good muster of people again. I do not want to hear another meeting has been cancelled due to lack of attention.

We are now in the 3rd month of the year which seems to be going fast again, before we know it well be saying Merry Christmas and a Happy New Year again!

### UPCOMING EVENTS

#### **APRIL**

EASTER HOLIDAYS
GOOD FRIDAY - 18TH APRIL
EASTER MONDAY - 21ST APRIL

SOCIAL GROUP: DINNER OUT IN COMMUNITY 18TH APRIL

#### MAY

SOCIAL GROUP: TEN PIN BOWLING 16TH MAY

> 22ND MAY SELF ADVOCACY FULL MEETING

#### JUNE

20TH JUNE - MATARIKI

SOCIAL GROUP: GO-KARTS 14TH JUNE

PIE & PUB NIGHT TUESDAY JUNE 17TH - THE HELM

#### JULY

ASPIRE MID WINTER CHRISTMAS BALL FRIDAY 18TH JULY

SOCIAL GROUP: PAINTBALL
4TH JULY

If you are interested in any of the Social Group Activities please contact William Steel. For everything else contact Shaye.

## Wish4 Fish









A MASSIVE thank you to the lovely people from Wish4Fish for allowing us to go on another adventure with them! Not only did the sun shine, and the fish bite, we got to see the dolphins play!



































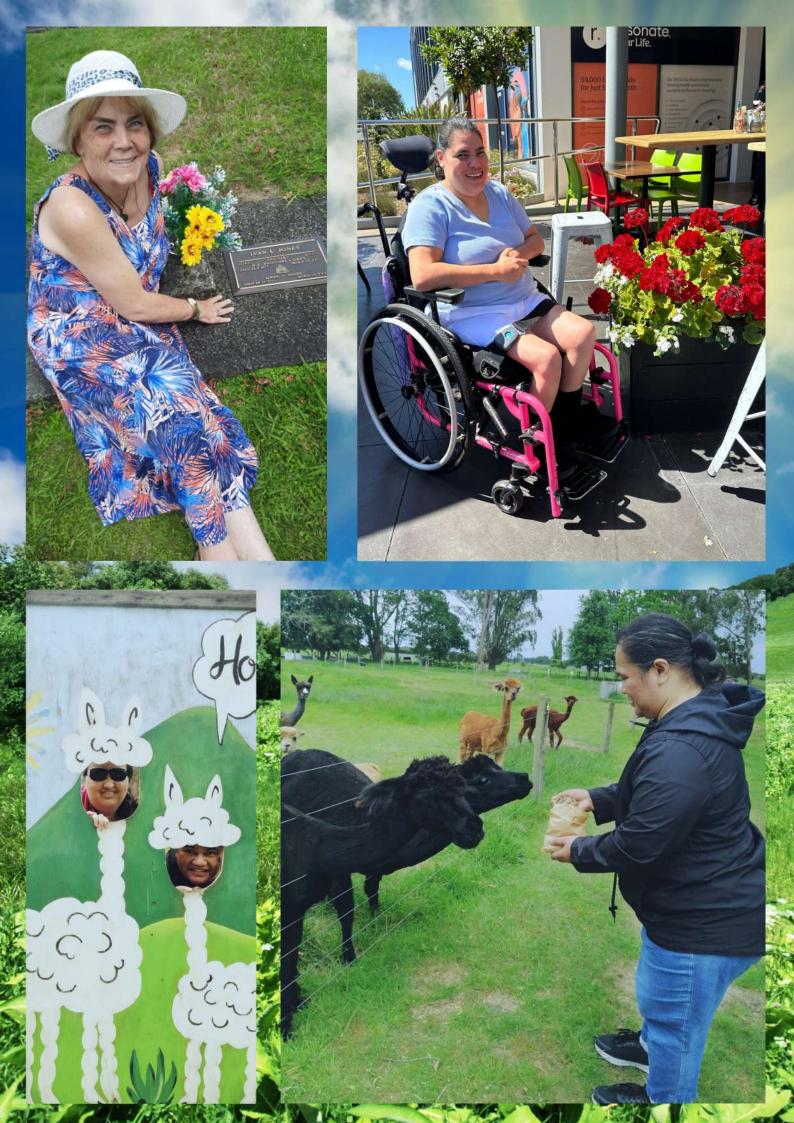










































Hes done it again!!! Jade Sutton competed in the Oceania Powerlifting Championship held in Christchurch in Dec 2024 and he won GOLD!!

Congratulations Jade!!!!

















Bake a cake this
Easter and be in to win
a secret prize!!







Send all pictures of Easter Cakes through to Shaye & David!

Mr David Darling will be choosing the winner!!

Good luck!!!











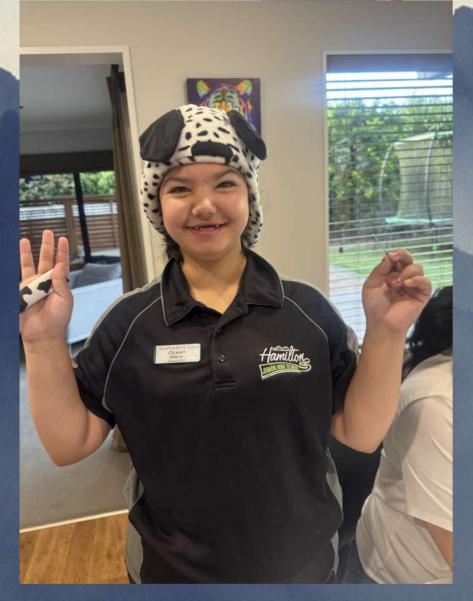
















































Gerard has been busy putting together puzzles and colouring!







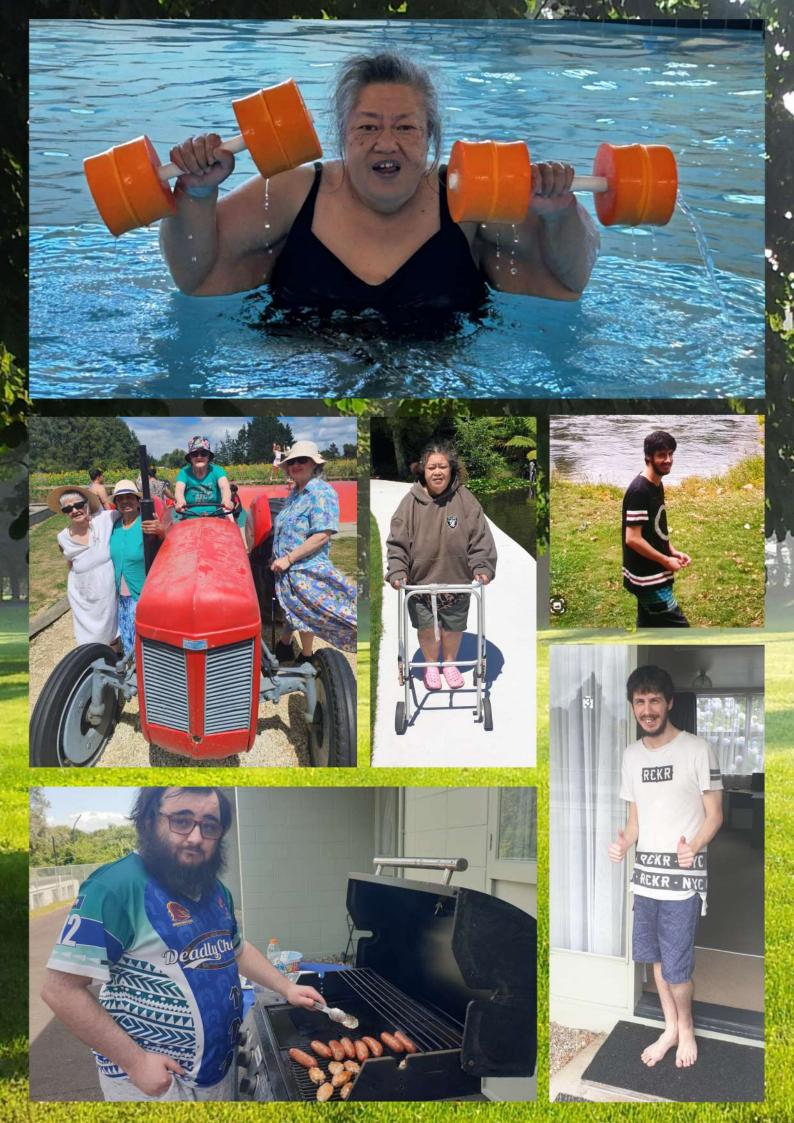






















Felix had an amazing time at the Karamu Trail Track! Not only that but Felix also landed himself a Most Improved award from the Special Olympics!













































Sheryl has been doing some amazing artwork!! She has also donated these pictures to our Whanau Room here at Tawa Street Office!

Thank you Sheryl!

We feel very proud to have your artwork here with us.











## Lets learn together!





friend

hoa



I love you

ka nui taku aroha mõu



#### **Fundraiser Raffle**



Ticket \$2 each or 3 for \$5

**Fundraising to** purchase an Aspire Karaoke Machine!

Be in to win one of these beautiful handmade quilts. The quilts were made by Anette Pieneman from the Hamilton Quilt Club.

#### Please pop into our Aspire Head Office at Tawa Street to collect your ticket!

First ticket drawn will have first choice of quilt. Second Drawn will get the remaining quilt Third Drawn will get a \$60 Countdown Voucher Fourth drawn will get a \$50 Itunes Voucher

We are raising funds for equipment for Karaoke so that it can be shared around the Aspire houses.

Raffle will be drawn on the 28th of April 2025



# SELF ADVOCACY MEETINGS 2025

Thursday 22nd May Thursday 20th November

4.00pm

Discovery Christian Centre,

Fairfield Presbyterian Parish

5 Insoll Avenue, Hamilton

Light supper provided

**ALL PEOPLE WE SUPPORT ARE WELCOME!**